

APPENDIX - XIII

WEIGHT AND OTHER MEASUREMENT EQUIVALENTS

1 lb	=	453.6g	=	0.4536kg	=	16Oz
1 Oz	=	28.35g				
1 kg	=	1000g	=	2.2046 lb		
1 g	=	1000 mg				
1 mg	=	1000 μ g	=	0.001 g		
1 μ g	=	0.001 mg	=	0.000001 g		
1 μ g/g or 1 mg/kg or mg/litre is the same as ppm						
1 mg/g, mg/ml means parts per thousand						
1 cm	=	0.3937 inch				
1 inch	=	2.5399 cm				
1 metre	=	3.2808 feet				
1 feet	=	0.3048 metres				
1 cu. cm	=	0.0610 cu. inch				
1 litre	=	0.2199 imp. gallons				
1 Oz	=	28.3495 g				
1 millimicron ($m\mu$)	=	10^{-9} m = 10^{-7} cm = 10 angstroms (A^0)				
1 angstrom (A^0)	=	10^{-10} m = 10^{-8} cm = 100 micromicrons ($\mu\mu$)				

Temperature Equivalents

To convert Fahrenheit temperature into Centigrade: subtract 32 and multiply by 5/9

To convert Centigrade temperature into Fahrenheit: multiply by 9/5 and add 32.
