



Putranjiva roxburghii Wall.

Family: Putranjivaceae

Vernacular names: Poothilanji, Ponkalam, Puthrajeevi, പുത്രാൻജീവ (Malayalam), Officinal Drypetes (English), Putranjiva (Sanskrit), Jiaputa (Hindi), Pongolam, Putra coki (Tamil)

Distribution: Indo-Malesia

Description: Small trees. Leaves simple, alternate, caducous. Flowers unisexual, small, yellow; male sessile, in axillary spikes, female solitary or in 2 or 3, axillary. Fruit a drupe; seed one, crustaceous.

Habit: Tree

Habitat: Deciduous forests, also in sacred groves

Flowering & Fruiting: March-August

Parts used: Bark, leaves and fruit

Properties & Uses: Aphrodisiac, laxative and diuretic. The decoction of leaves, fruits and seeds are used to treat cold, fever and rheumatism. The leaves and seeds are used to relieve burning sensation, thirst and constipation.

Systems of Medicines: Ayurveda,

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