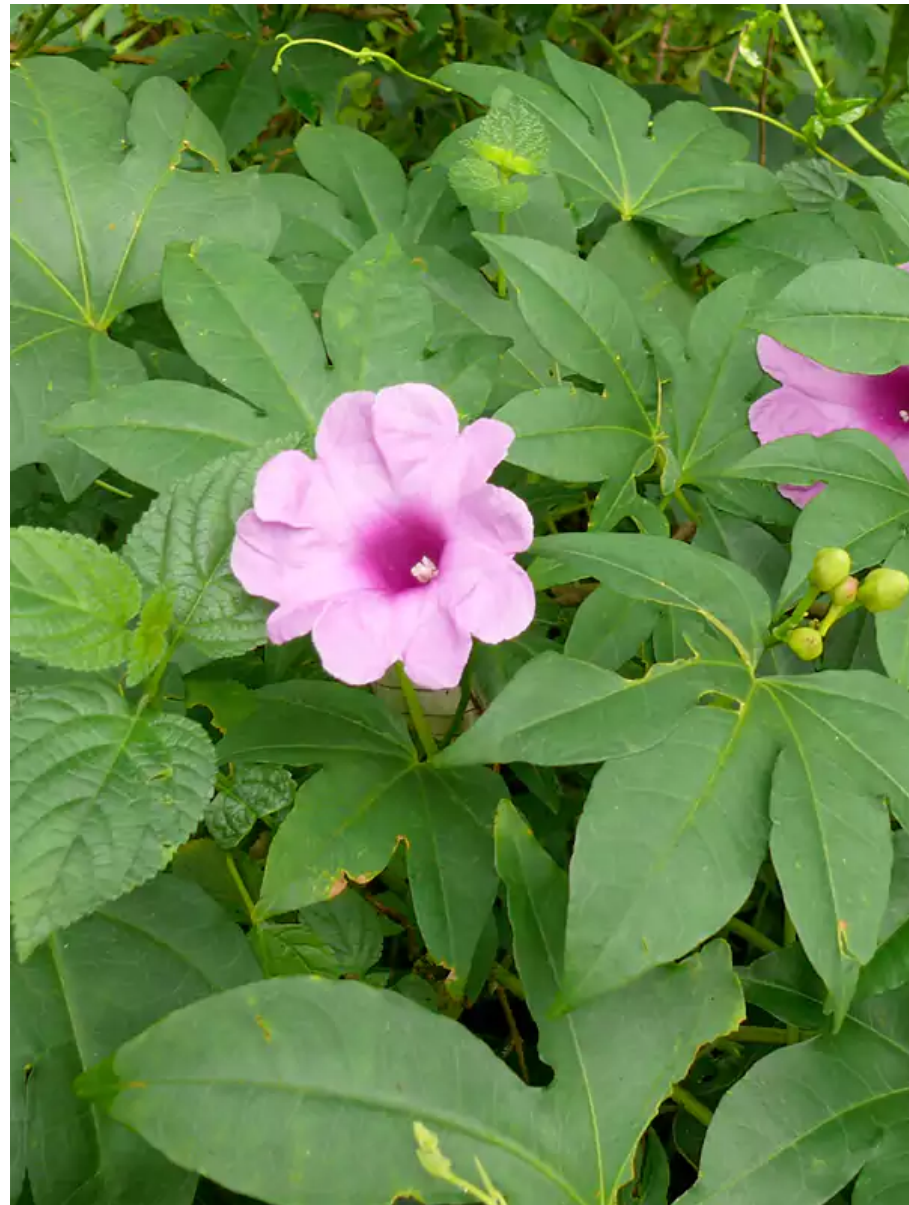


Ipomoea mauritiana Jacq.

Family: Convolvulaceae

Vernacular names: Palmuthakku, Palhookkamkizhangu, പാൽമുത്തക്, പാൽതൂക്കംകിഴങ്ങ് (Malayalam), Giant potato (English), Ksheeravidari (Sanskrit), Bhilaykand (Hindi), Nilapoosani (Tamil)

Distribution: Pantropical

Description: Twining shrubs. Leaves palmately 5-7-lobed. Inflorescence cyme, axillary, few to many-flowered. Flowers pink. Capsule ovoid; seeds 4, ovoid, black, wooly.

Habit: Climbers/Lianas

Habitat: Moist deciduous forests, also in the plains

Flowering & Fruiting: August-September

Parts used: Tuberous root

Properties & Uses: Cooling, aphrodisiac, diuretic, carminative, anthelmintic, expectorant and rejuvenating. Roots are useful in emaciation in children, skin diseases, colic, bronchitis, fever, burning sensation, vomiting, syphilis, inflammation and general debility.

Systems of Medicines: Ayurveda, Folk,

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