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ADMISSION CE



**Botanical Name :** Carissa carandas Linn. Var congesta (Wt.) Bedd

**Family :** Apocynaceae.

**Identification No.** SDACH/HG/133

**Introduction :**

In BAVAPRAKASHA two types of karamardha mentioned as karamardha dwaya. In kerala C. spinarum considered as the The Ayurvedic Pharmacopoeia of India indicated the stem bark in obstinate skin diseases, and the root in urinary disor

**Names in different Indian languages :**

**English :** Christ's Thorn, Bengal Currant, karaunda, jasmine flowered carrisa

**Hindi :** Karunta, karonti

**Kannada :** karikayi

**Malayalam :** Klavu, karanta, perumklavu

**Sanskrit :** Karamardha, avighnah

**Tamil :** Kalakke, perumkla

**Telugu :** Peddakalavi, vaka

**Unani :** Karondaa.

**Synonyms :**

Karinkaara, Karamarda, Krishnapaakphal, Kshirphena, Sushena,

**Varieties & adulterants – (CV – controversy, AD – adulterants) :**

C. spinarum Linn.

**Morphology :**

Evergreen shrub with paired thorns

Leaves – ovate, simple, opposite

Flower – white, corymbose

Fruit – globose- berry type

Seed – two in number, compressed

#### **Distribution & Habitat :**

All over India

#### **Chemical constituents :**

Vit C

#### **Properties :**

fruit

RASA- amlam

GUNA- guru

VIRYA-ushna

VIPAKA- katu

**Karma :** ruchyam, deepana, pachana, krimighna

Appetizer, antipyretic

#### **Internal uses :**

**Digestive system :** Constipating,

**Skin :** Scabies

#### **Indication :**

Diarrhea, worm, cabbies, pruritus

Used for acidity, flatulence, poor digestion, as a slimming diet. Juice of the fresh plant is used for infected wounds that heal.

#### **Part used :**

Root, fruit

#### **Dosage :**

Decoction – 60 -120 ml

Powder 2-4 gm

#### **Therapeutic Uses (Amayika Prayoga)**

##### **Internal Uses**

1. Aruchi (Loss of appetite) – Fruit juice or pickle stimulates digestive fire.
2. Amlapitta (Acid reflux / Hyperacidity) – Ripe fruit is mildly cooling and balances Pitta when taken in moderation.
3. Hridroga (Heart disorders) – Acts as a Hridya (cardiac tonic); improves cardiac strength.
4. Pandu (Anemia) – Rich in iron; useful in iron deficiency-related fatigue.
5. Atisara (Diarrhea) – Fruit pulp helps manage mild loose motions due to its astringent property.
6. Kasa-Shwasa (Cough and asthma) – Its anti-inflammatory effect helps soothe respiratory passages.

##### **External Uses**

1. Vrana (Wounds & ulcers) – Fresh paste or juice of fruit applied for wound healing.
2. Daha (Burning sensation) – Leaf juice used topically to relieve burning.
3. Twak Roga (Skin diseases) – Paste used on fungal infections and itching.
4. Prameha Vrana (Diabetic wounds) – Application of decoction or fruit extract helps in healing due to antibacterial action.
5. Oral ulcers – Gargle with diluted juice for mouth ulcers or gum problems.

**IUCN**

Current Status: Not Evaluated (NE)

## About Us

The College is recognized by National Commission for Indian System of Medicine, New Delhi and affiliated to the Shri Krishna Ayush University, Haryana for B.A.M.S. (Ayurvedacharya) Course. The College has produced over 1000 well-trained Graduates so far who are serving the ailing humanity in urban as well as rural areas and are well placed in Govt. Services or in their private enterprises. The College has gained distinction as various important and well-known pharmaceutical companies of the country have shown keen interest in the activities and development of Ayurveda in the College.



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