

Plant Species**Accepted Name:** *Helicteres isora* L.**Family:** STERCULIACEAE**Synonyms:**

- *Helicteres isora* L. var. *tomentosa*

Used in: Ayurveda, Siddha, Unani, Folk, Chinese**Habit:** Shrub**Distribution:** Globally the species is distributed in the Paleotropics from India to Australia. In India it is distributed from Jhelum Eastwards to Nepal, Bihar, West Bengal, Central, Western and Southern India. This species is globally distributed in the Paleotropics. Within India, it is found almost throughout in moist deciduous forests near flowing water streams.**Common Uses**

The root, bark and fruits of Avarttani are used in the form of decoction and powder to treat wound, pain, worms, and to prevent blood flow.

Herbarium**Geographical Distribution Map**

Languages (No. of Names) :	Vernacular Names
Arabic (2) :	altwaallatu, maror phali
English (1) :	kaivum fibre
Hindi (17) :	aat, aat hateri, amli, bhendu, hateri, jonkaphal, kapasi, maraphali, marodphali, marophali, maror phal, maror phali, maror phalli, maror-phali, marori, marorphali, marosi
Kannada (66) :	aavarthini, aedamuri, aedamuri kaayi, avathaarini, bhoorhakaralu, bhootakaralu, bhootha karulu, bhutakaralu, bhutakarulu, buntakarolu, chachalu, chuchuja, chuchula, chuchulu, cuculu, cunculla, edamuri, edamurige, kaada kalnaaru, kaadukalnaaru, kaayuri, kadakalnar, kadakalnar, kadukalnar, kaire, kaiyoli, kaiyolinarr, kaiyuri, kaiyurige, kaiyyi uri, karroori gida, karurimara, karuviri, kauri, kauviri, kavargi, kavari, kempu kavari, kempukauri, kempukavari, kempukaveri, kolinaaru, kolinar, konri, kowri, kywalla, maradaddi shingi, marodu phala, miridi, moldaphaliro, mrudashringi, murige, murreekonri, murudi, murugikayi, murugina, muruginakaayi, naarukolu, nakheela, narkol, narkolu, narukolu, thunshulla, vadampiree, yadamuri, yedamuri
Malayalam (20) :	ishvaramuli, ishvaramulla, ishvaramuri, isora-murri, isoramurree, isoramurri, itampirivalampiri, kaiva, kaivalanara, kaiyuna, karuveri, kaval, kayyuna, kiwallanara, kiyuna, kolnar, mori, valambiri, valampiri, valumbari
Marathi (10) :	kevani, kewan, kivan, maedasingi, marodphali, muradasinge, muradshenga, muradsing, murudsheng, tanini
Persian (3) :	kisht-bur-kisht, kishtburkisht, pechaka
Sanskrit (13) :	avaratani, avartani, avartaphala, avartiphala, avarttani, avatarini, avurtunnie, awartaki, awartani, mrgasrngi, mrigashinga, mrigashringa, murva
Tamil (24) :	cattikatci, edampuri, iracarcapalam, kaiva, karuvai, kasavu, lampam, panippalli, paniyam, pirapicam, pirimurukku, pirivuppani, tirukupalai, vadampiri, valambiri, valamburi, valampiri, valampuri, valampuri-kay, valampurikai, valampurikkay, valumberi, valumbirikai, vattachi
Telugu (52) :	aadasamanthi, aadasyamali, adacamanti, adasamanti, adashyamali, adasyamali, adavi-camanti, adavichamanthi, adivichamanthi, cadala, camanti, camati, chamantai, chamanti, goobatada, gubadadda, gubadarra, gubathada, gubathadda, gubadara, gugatadda, guonardada, guvalada, itah, kaavanchi, kavanchi, kavanci, malikaaya, nulitada, nulitadu, nulithada, nulithi, nuliti, nulu kaaya, peddacamanti, peddasamanthi, peddasamanti, peddashamala, sadala, samanthi, shyaamali, suamala, syamali, tada, thada, uttraci, uttrasi, valambiri, valambirikaya, valambricaca, valumbari, vuttraci
Urdu (3) :	marodphalli, maror phali, marorphali
Parts Used (No. of Names) :	Trade Name

FRUIT (3) : MAROD-PHALI, MARODPHALI, VALAMBURI
FRUITS (3) : MARODPHALI, MURUDSHING, YEDAMURI
Not recorded (10) : MARDASINGHI, MAROD PHALI, MARODPHALI (MARDANSINGHI), MAROPHALI, MAROR PHALI, MURDA SING, MURDARSHIRINGI, MUROOD SHING, MUROODSHING, MURUDSHING
POWDER (1) : MURDA-SING



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