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**Botanical Name :** Holoptelea integrifolia Planch.**Family :** Ulmaceae**Identification NO.:** SDACH/HG/126**Introduction :**

Latin name: Holoptelea holo = all, ptelia = winged fruit; integrifolia = having leaves with unbroken smooth edges

Names in different Indian languages :**English :** Indian elm, kanju**Hindi :** Cilbil, kanju**Kannada :** Tapasigida**Malayalam :** Avil, nettaval**Sanskrit :** Chirbilva, puti karanjah**Tamil :** Avil, Ayil pattai**Telugu :** Tapasi**Synonyms :**

Chirbilva, Putika, Prakirya

Morphology :

Medium sized tree with white coloured branches.

Leaves – 2.5 to 20 cms. long and 5 to 10 cm. broad, egg shaped, pointed with transparent spots. Dried leaves exhibit small elevations on the ventral surface Flowers – small, green and in clusters.

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August 2025

M T W T F S S

1 2 3

4 5 6 7 8 9 10

11 12 13 14 15 16 17

18 19 20 21 22 23 24

25 26 27 28 29 30 31

« Oct

Fruits – winged with bent tips flowering season is summer followed by fruiting. Leaves and trunk have an offensive odour.



Distribution & Habitat :

Throughout India

Chemical constituents :

holoptelin-A, holoptelin- B friedelin, epi-friedelinol.

Properties :

Guna: laghu, ushna

Rasa: tikta, kashaya;

Vipaka: katu;

Virya: ushna;

Karma :

Bedanam, chedanam, deepanam, pachanam, visha nashanam

carminative, digestive, astringent, diuretic, antimicrobial, antifungal, anthelmintic, antiviral, antipyretic, anti-inflammatory

Indication :

Sopham, ajirnam, kandu, vicharchika, kusta, kasa

Rheumatism, scabies, ringworm, cough

Part used :

Bark, leaves, root

Dosage :

Leaf juice 10-15 ml

Powder 2-4 g

Decoction 50-100 ml

Amayika Prayoga/Therapeutic Uses

- This churna is used to treat ringworm.
- Chirbilva churna manages edema and diabetes.
- This is used to treat intestinal disorders.
- It controls bleeding from wounds and accelerates wound healing.
- Chirbilva churna is used to treat scabies, wounds, and other skin diseases.
- It improves digestion and increases appetite.
- This churna treats piles and fistula.
- Chirbilva churna acts as a blood purifier, if taken regularly.
- It relieves bloating and burning sensation.
- This churna helps to treat female infertility.
- Chirbilva churna relieves urinary tract infection.
- It acts as an anti-inflammatory agent and relieves pain, swelling and redness.
- This churna has an anticonvulsant effect.

IUCN Status

– Not Evaluated (NE)

Research Updates (Past 5 Years)

1. Antidiabetic Potential (2023)

– A study demonstrated the hypoglycemic effects of *H. integrifolia* bark extract in diabetic rat models, attributing its activity to flavonoids and tannins [Journal of Ethnopharmacology, 2023].

2. Anti-inflammatory Properties (2022)

[Hindi »](#)

– Leaf extracts showed significant COX-2 inhibition and reduced edema in preclinical trials, supporting its traditional use for arthritis and skin inflammation [Phytomedicine, 2022].

About Us

The College is recognized by National Commission for Indian System of Medicine, New Delhi and affiliated to the Shri Krishna Ayush University, Haryana for B.A.M.S. (Ayurvedacharya) Course. The College has produced over 1000 well-trained Graduates so far who are serving the ailing humanity in urban as well as rural areas and are well placed in Govt. Services or in their private enterprises. The College has gained distinction as various important and well-known pharmaceutical companies of the country have shown keen interest in the activities and development of Ayurveda in the College.



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