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Shalaparni



Botanical Name: Desmodium gangeticum DC

Family: Papilionaceae; Fabaceae

Identification No.: SDACH/HG/011

Introduction:

In south India Desmodium gangeticum used as 'PRSNIPARNI', but in North India Uraria picta is used. Prsniparni is one important herbs according to Atharvaveda

Names in different Indian languages:

English : Salpan, salvan

Kannada : Nabiyalabune, nariyalavona

Malayalam : Orila

Sanskrit : Prsniparni, Prthakparni

Tamil : Orila

Telugu : gitanaram

Folk : Sarivan.

Synonyms:

Shaaliparni, Shaalaparni, Sthiraa, Somyaa, Guhaa, Triparni, Vidaarigandha, Anshumati.

[Hindi »](#)

Hedysarum gangeticum Linn.



“शालपर्णी सरा स्वादुः शीतला गुरुशुक्रला।

विदाहि पित्तकृत् तिक्ता कफवातहरी परा॥”

Classification according to Charaka, Susruta & Vagbhata:

Charaka : Angamarda prasamana, sothahara, Sandhāniya

Susrutha : Vidārigandhadi, Haridrādi

Vagbhata : Haridrādi

Varieties & adulterants – (CV – controversy, AD – adulterants):

1. sālaparni and Prniparni are used for each other.

2. Srgalavinna

3. U. lagopoides Dc.

4. Prsniparni visesa

5. U.hamosa

6. U. crinite

7. Desmodium nudiflorum

8. Uraria picta

Morphology:

It is an erect little-branched herb or undershrub, 1-1.5 m height .

Leaves- variable, 1-3 foliate, white, usually 10-15 cm long; leaflets 4-6, lanceolate or linear oblong, obtuse.

Flowers- in dense cylindrical racemes, purple coloured.

Fruits- pods, glabrous, turgid, 3-6, jointed, often whitish.

Seeds- 1-12, reniform, reddish (Flowers during rainy season and fruits in winter).

Habitat & Distribution:

All over India

Chemical composition:

gangetin, gangetinin, desmodin and several alkaloids.

Properties:

Rasa : Madhura, Tikta

Guna : Laghu, Snigdha

Virya : Usna

Vipaka : Madhura

Karma : Tridosahara, Grāhi, Vrsya, Dipaniyam, hridya

antipyretic, diuretic, astringent, anticatarrhal (used in post-natal care, chronic fever, cough, biliousness, vomiting), diu anthelmintic, laxative and nervine tonic.

Part Used : Root

Dosage: Decoction 50-100 ml

Indications:

Jvara, svāsa, Raktātisara, Trsnā, Chardi, Dāha, Asthibhagna.

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Appetizer, insanity, psychosis, cough, bronchitis, dyspnoea; **gout**; bleeding piles; blood dysentery, acute diarrhoea., For healing properties

Internal uses:

Central nervous system : As it is a nervine tonic and alleviates vata dosha, it, is used in vata disorders,

Digestive system : Being an appetizer, antidiarrhetic, deflatulent and astringent, it is used in flatulence, diarrhea and bleeding piles. Stomatitis is treated by local application of the paste of seeds and honey.

Circulatory system Cardiac tonic. haemostatic and reduces oedema, hence useful in heart diseases, blood disorders, varicose veins and oedema.

Respiratory system Expectorant. Useful in cough and dyspnoea.

Reproductive system : Aphrodisiac, useful in seminal debility.

Urinary system Diuretic, therefore effective in dysuria.

Temperature Febrifuge and refrigerant, hence it is used in fever and burning sensation.

Srotogamitwa :

Dosha :Tridoshashamak.

Dhatu : Shukra (aphrodisiac). asthi (Sandhana property), rakta (anti diarrhoeal). rasa (fever).

Mala : Purisha (laxative).

Important Yogas or Formations:

Dashamulārīṣṭa, Dasamūla katu trikādi kvātha.

Amayika Prayoga (Therapeutic Uses) :

(1) Asthibhagna- Powder of Prasniparni root is taken with meat-soup for three weeks will be helpful in the reunion (B.P.).

(2) Vatarakta- Prasniparni is cooked in goat's milk and used with honey and sugar (S.S.Ci.5)

(3) Raktātisara- Liquid gruel (Peyā) prepared with Prasniparni is useful (C.S.Su.2)

IUCN Status

Least Concern (Not endangered)

Research Updates (Past 5 Years)

1. *2021*: Study on anti-inflammatory effects of Desmodium gangeticum in arthritis (Journal of Ethnopharmacology).
2. *2022*: Neuroprotective role of Shalparni in Parkinson's disease (Ayurveda Research Paper).
3. *2023*: Hepatoprotective activity confirmed in ethanol-induced liver damage (Indian Journal of Pharmacology).

About Us

The College is recognized by National Commission for Indian System of Medicine, New Delhi and affiliated to the Shri Krishna Ayush University, Haryana for B.A.M.S. (Ayurvedacharya) Course. The College has produced over 1000 well-trained Graduates so far who are serving the ailing humanity in urban as well as rural areas and are well placed in Govt. Services or in their private enterprises. The College has gained distinction as various important and well-known pharmaceutical companies of

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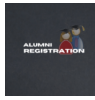
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the country have shown keen interest in the activities and development of Ayurveda in the College.



Shalaparni – Shri Dhanwantry Ayurvedic College & Hospital



ALUMNI REGISTRATION



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