



Morinda citrifolia L.

Family: Rubiaceae

Vernacular names: Cherumanjanathi, ചെറുമഞ്ഞണത്തി (Malayalam), Indian Mulberry (English), Achuka, (Sanskrit), Manjanatti (Tamil)

Distribution: Indo-Malesia to Australia

Description: Evergreen shrubs or small trees. Leaves simple, opposite, elliptic-lanceolate. Flowers bisexual, white, fragrant, in dense globose heads. Fruit an ovoid syncarp of pyramidal; seeds black, with hard albumen.

Habit: Tree

Habitat: Coastal region and along mangrove forests

Flowering & Fruiting: July-November

Parts used: Root and fruit

Properties & Uses: Anti-bacterial, antiviral, antifungal, antitumor, analgesic, hypotensive, anti-inflammatory and immune enhancing effects. Fruits are used to treat cancer, infection, arthritis, diabetes, asthma, hypertension and pain.

Systems of Medicines: Ayurveda, Folk, Unani,

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